

RAWAL MEDICAL COLLEGE RAWAL INSTITUTE OF HEALTH SCIENCES ISLAMABAD

THIRD YEAR MBBS

BATCH 2020 - 2025

STUDY GUIDE

BLOCK VIII

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INTRODUCTION

We welcome third year MBBS students to their new academic session. During this session i.e. (Block VIII). Student will learn general concepts of pharmacology, pathology, & Forensic Medicine with some overview Of Medicine, Surgery, Special Sciences, Gynae/obs, Psychiatry and Pediatrics.

Therapeutics is a vibrant field of Medical Sciences that deals with drugs and their clinical uses in a rational manner based on their mode of action, kinetic and adverse effect profile .Pharmacology & Pathology are the preclinical subjects in the medical curriculum, which form an integral link between basic & the clinical sciences. As the horizon of pharmacology has broadened due to expansion of Neurophysiology, Biochemistry, & the newly emerging field of Biochemistry; in this module the knowledge of sources of drugs, their trans membrane permeation & partitioning across body membrane, their distribution & redistribution to various body compartments, their biotransformation & elimination will be shared. Pharmacology involving various receptor interaction, adverse effect profile, toxicities & drug interaction, all of which are important determinants of rational drug therapies will also be learnt. To enhance student's participation as active learners and to develop their skills of continuous medical education (CME), updates on pharmacological news, small projects, and presentations will be carried out throughout the session. Students will be awarded with score in internal assessment and certificates as incentives for participating in such activities.

In Pathology students will be introduced about General Pathology and Microbiology. The Microbiology session will cover basic bacteriology, immunity, cellular basic of immune response. Antibiotics and bacterial genetics. General pathology involves the study of the mechanism behind cell and tissues injury as well as understanding how the body responds to and repairs injury. Examples of areas that may be studied include necrosis, neoplastic wound healing, inflammation and how cells adapt to injury. Through understanding in these areas is applied in the diagnosis of disease. In hematology, the students will get familiar with different disease aspects that affect the blood, including bleeding disorder. Clotting problems, and anemias. In the systemic Pathology major the students will learn to investigate consequences of injury to different organs and systems of the body.

Forensic Medicine (also commonly known as Medical Jurisprudence) is also an essential subject for undergraduate medical students in Pakistan. Because medico- legal duties are required to be perform by the general medical officer under the law of Pakistan, the medical student is expected to know the major legal aspect of the profession and his legal duties towards the state, especially in documenting evidence injury, assault, poisoning, and criminal or suspicious deaths. The subject of medical ethics is a sub-component of forensic medicine. In addition, the forensic aspect of toxicology constitute an integral part of the subject. The subject of the forensic medicine (Medical Jurisprudence) and Medical Ethics is also required by the World Federation for Medical Education (WFME) to be essentially incorporated in curriculum of Basic medical education.

General Learning Objectives:

By the end of this module, the students will be able to:

- ❖ Describe the detailed features of cell injury, inflammation and immunology and concepts of bacteriology and microbiology.
- ❖ Explain the neoplasia, molecular basis of cancer, pathways of spread & lab diagnosis.
- ❖ Describe various terminologies related to general pharmacology and concepts of pharmacokinetics & pharmacodynamics.
- ❖ Identify and describe different drug classes acting on autonomic nervous system.
- * Explain the pathology of hematopoietic system and details of drugs used to treat various hematopoietic disorders.
- ❖ Define the role of doctor in the medico legal system.
- ❖ Document information for legal procedures, and write certification of death according to will guidelines.
- ❖ Maintain highest ethical principles in medical examination while obtaining consent, euthanast biomedical research etc. in keeping with the norms of society.
- Describe methods for assessment of fatal period, postmortem interval and autopsy procedures.

Teaching / Learning Methods:

The teaching and learning session of this module will be of diverse types:

- ➤ Large group interactive sessions (LGIS)
- > Small group teaching (SGD) will include tutorials.
- ➤ Practical sessions will comprise of practical laboratory demonstrations and performance.
- ➤ Seminars: on different topics, in which student will make oral presentation in different aspects of the allocated topics.
- ➤ Self –directed learning sessions (SDL): This is the time during which students are expected to revise what they have learnt in the class, clear their concepts by consulting different text books, reference material and prepare their assignment and projects.
- ➤ Problem Based Learning (PBL)
- > Case Based Learning (CBL)

Students Assessment:

➤ At the end of module 1 and 2 there will be an examination which will comprise of written assessment of three duration comprising

One best type of multiple choice questions (MCQs)

- ➤ At the of block VII, Assessment will include both the:
 - i. Theory paper
 - ii. Practical / Lab examination

The practical examination will comprise of objective structured practical examination (OSPE) and viva voce. The OSPE will include both observed and non- observed stations.

The OSPE / Viva voice will be conducted in batches. The students will be having OSPE / Practical labs in the subjects of Pathology. Pharmacology and Forensic Medicine.

> Seminars:

Assessment of seminar presentation will be done in the following categories.

	Seminar Presentation							
					Ma	arks		
Student Name	Seminar Topic	Facilitator	Subject Knowledge (05)	Body Language (01)	Interaction With audience (01)	Standard of presentation (02)	Delivery Style (0.5)	Attitude Towards Questioning (0.5)

Study Guide

Block - VIII

Module – IV Respiration and Endocrinology

Module – V Cardiovascular and chemotherapy

Pathology:

Sr.no.	Learning objective by the end of the session, student will be able to	Content area Module – 4 Respiration and Endocrinology	TEACHING ACTIVITY	ASSESST. (MCQ's / SEQ's)
1)	List the etiological agents of upper respiratory tract infections. Discuss the etiology, natural history and complications of acute pharyngitis. Discuss the pathogenesis and presenting symptoms of allergic rhinitis. Describe pathogenesis and morphological features of pulmonary edema and acute lung injury. Describe acute respiratory distress syndrome.	 RESPIRATORY Upper Respiratory tract infections Pulmonary edema Acute lung injury ARDS 	LGIS 3HR	MCQs SEQs SAQs VIVA
2)	Define COPD? Enumerate its types? List the etiological agents and describe the clinical features of COPD along with morphological findings?	COPD (Emphysema, Chronic bronchitis, Asthma, and Bronchiectasis)	LGIS 2HR + SGD 1HR	MCQs SEQs SAQs VIVA
3)	Discuss the etiology, clinical features, morphology and complications of pneumonia and Lungs abscess.	Pneumonia (Community acquired acute pneumonia, community acquired atypical pneumonia, Aspiration pneumonia, Chronic pneumonia, Necrotizing pneumonia) + Lung abscess.	LGIS + 2HR SGD 1hour	MCQs SEQs SAQs VIVA

4)	Discuss the pathogenesis, clinical presentation, morphology, lab findings and complications of pulmonary Tuberculosis and other granulomatous disorders. Diseases of vascular origin.	 Pulmonary Tuberculosis Granulomatous Diseases (Sarcoidosis, Hypersensitivity pneumonitis) Pulmonary vascular diseases (Pulmonary embolism, hemorrhage and infarction) Relevant Diagnostic tests. 	LGIS 3HR	MCQs SEQs SAQs VIVA
5)	What do u mean by Restrictive lung diseases (ILD)? Its pathogenesis and morphology features? Differentiate between obstructive and restrictive lung diseases on the basis of pulmonary function tests? List the common occupational lung diseases, natural history and complications of occupational lung diseases.	Restrictive lung diseases Pneumoconioses (Asbestosis, silicosis, Coal worker's pneumoconiosis)	LGIS 2HR SGD 01	MCQs SEQs SAQs VIVA
6)	Discuss the etiology, pathogenesis, classification of lung cancers and pleural disorders.	 Lung cancers (SSC, Adeno CA, Adenosquamous CA, Large cell CA, small cell CA, Neuroendocrine tumors) Pleural disorders (Pleural effusion, pneumothorax, Mesothelioma) PRACTICAL: (6 hours Chronic bronchitis, Emphysema, Bronchiectasis, Asthma, Tuberculosis, Pneumonia. 	LGIS 02 HR	

Sr.no.	Learning objective by the end of the session, student will be able to	<u>Content area</u> <u>Module – 4 Endocrinology</u>	TEACHING ACTIVITY	ASSESST. (MCQ's / SEQ's)
1)	Pituitary gland: List the cause of hypo and hyperpiyuitarism? Describe the clinical features of pituitary adenomas? Describe the clinical features of acromegaly and gigantism? List the causes and describe the clinical features and laboratory diagnosis of diabetes insipidus. Describe the etiology, clinical features, pathogenesis and lab findings in cases of syndrome of inappropriate secretion of antidirurectic hormone	Endocrinology Pitutary • Hypopitutary disorders • Hyperpitutary disorders • Tumors	LGIS 2 HR	MCQs SEQs SAQs VIVA
2)	Adrenal Cortex and Medulla: Discuss the etiology, pathogenesis, clinical features and lab diagnosis of cushing syndrome? Discuss the etiology, pathogenesis, clinical features and lab diagnosis of Hyperaldosteronism. Discuss the etiology, pathogenesis, clinical features and lab diagnosis of Adrenogenital syndrome? Discuss the causes and clinical features of adrenal insufficiency? Describe the clinical features and diagnosis of pheochromocytoma.	Adrenal cortex and Medulla • Hypo and Hyper disorders • Tumors	LGIS 3 HR + SGD 2 HR	MCQs SEQs SAQs VIVA
3)	Parathyroid: Discuss the causes, clinical presentations and diagnostic workup of hypercalcemia and hypocalcemia? Discribe the morphology and clinical features of parathyroid adenoma and adenocarcinoma.	Parathyroid • Hypo and Hyper disorders • Tumors	LGIS 4 HR + SGD 4 HR	MCQs SEQs SAQs VIVA

	Thyroid: Discuss the differential diagnosis and diagnostic workup of thyroid swelling? Describe the etiology, pathogenesis, clinical features and laboratory investigations of the Hyperthyroidism including Grave's disease. Discuss the etiology, pathogenesis, clinical features and lab diagnosis of Hypothyroidism and diffuse of multinodular goiter? Describe the pathogenesis and clinical features of Hashimoto's thyroiditis and briefly other types of thyroiditis? Enumerate benign and malignant neoplasms of thyroid gland and describe their morphology and clinical	Thyroid • Hypo and Hyper disorders • Thyroiditis • Tumors		
4)	Discuss the etiology, pathogenesis, clinical manifestations and complications of diabetes	Endocrine pancreas • Diabetes I & II Relevant diagnosis tests	LGIS 2HR + SGD 2 HRS	MCQs SEQs SAQs VIVA
5)	Exocrine pancreas: Discuss the etiology, pathogenesis, clinical manifestation and diagnostic features of pancreatitis and tumors of pancreas.	Exocrine Pancreas Pancreatitis (Acute & Chronic) Tumors of pancreas PRACTICAL: (04 HOURS) Thyroiditis Thyroid tumors Adrenal disorders Diabetes mellitus Acute & Chronic Pancreatitis Relevant Lab Investigations	LGIS 3 HR + SGD 2 HRS	MCQs SEQs SAQs VIVA

Sr.no.	Learning objective by the end of the session, student will be able to	Content area Module – 4 Respiration and endocrinology	TEACHING ACTIVITY DURATION	Assessment
1)	Respiratory system Describe the pathogenesis, Brief clinical features, and prevention and diagnosis upper respiratory tract infections.	Microbiology: Bacteria causing upper respiratory tract infections Classification of streptococci/streptococcus pyogenes Haemophilus influenza Corynebacterium diphtheria Virology Viruses causing upper respiratory tract infections (Rhinoviruses, Corona viruses, Respiratory Syncitial virus (RSV) Adenoviruses, Enteroviruses.	LGIS 2HR + SGD 2HR	MCQs SEQs SAQs VIVA
2)	Describe the pathogenesis, Brief clinical features, prevention and diagnosis of Lower respiratory tract infections	Bacteria causing lower respiratory tract infections Pneumonias Streptococcus pneumonia Staphylococcus aureus Gram negative rods causing lower respiratory tract infections (E coli, Proteus, Klebsiella, enterobacter, pseudomonas serratia) Pother Infections Miscellaneous bacteria causing lower respiratory tract infections Bordetella pertussis Mycoplasma pneumonia, Legionella pneumophila, Bacillus anthracis chlamydia (C psittaci, C pneumoniae), Nocardia, Anaerobes) Viral Infections of lower respiratory tract Mumps, Influenza, RSV, Parainfluenza, Rhinoviruses viruses, Corona viruses' Atypical pneumonia. Parasitology Parasites causing respiratory tract infections (Ascaries, Pneumocystis crania, others) Mycologysystemic mycosis Fungal infections of respiratory tract	LGIS 3HR + SGD 2HR	MCQs SEQs SAQs VIVA

3)	Describe the pathogenesis, Brief clinical features, prevention and diagnosis of Tuberculosis	Mycobacterium / A typical Mycobacteria PRACTICALS (2 HOURS) Ziehl-Neelson Staining technique Tuberculin Test	LGIS 1HR SGD 2HRS	MCQs SEQs SAQs VIVA
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Pharmacology

Block - VIII Module - IV

Sr.no.	Learning objective by the end of the session, student will be able to	Content area	TEACHING ACTIVITY DURATION	Assessment
1)	Describe the pharmacokinetics of Glucocorticoids.	 Classification of Glucocorticoids Therapeutic uses of glucocorticoid 	LGIS 02 hour	MCQs SEQs VIVA
2)	Describe pharmacokinetics of Glucocorticoids.	 Mode of action of different Glucocorticoid Adverse effects of different Glucocorticoid 	LGIS 02 hour	MCQs SEQs VIVA
3)	Describe insulin (different types) in detail.	 Classify insulin Mode of action of different insulin Adverse effects of different insulin Therapeutic uses of different insulin 	LGIS 02 hour	MCQs SEQs VIVA
4)	Describe pharmacokinetics and pharmacodynamics of Oral hypoglycemic agents.	 Classify oral hypoglycemia Mode of action of different oral hypoglycemia Adverse effects of different oral hypoglycemia Therapeutic uses of different oral hypoglycemia 	LGIS 02 hour + SGD 02 hour	MCQs SEQs VIVA
5)	Describe pharmacokinetics and pharmacodynamics of Anti thyroid drugs.	 Classify Anti thyroid drugs Mode of action of different Anti thyroid drugs Therapeutic uses of different Anti thyroid drugs 	LGIS 02 hour	MCQs SEQs VIVA
6)	Describe pharmacokinetics and pharmacodynamics of thyroid drugs	 Classify thyroid drugs Mode of action of different thyroid drugs Adverse effects of different thyroid drugs Therapeutic uses of different bisphosphonates 	LGIS 02 hour	MCQs SEQs VIVA
7)	Describe in detail drugs of bisphosphonates metabolism.	 Mode of action of different bisphosphonates Adverse effects of different bisphosphonates Therapeutic uses of different bisphosphonates 	LGIS 02 hour	MCQs SEQs VIVA
8)	Describe in detail calcitonin	 Mode of action of different calcitonin Adverse effects of different calcitonin Therapeutic uses of different calcitonin 	SGD 02 hour	MCQs SEQs VIVA

9)	Describe in detail Calciminetics.	 Mode of action of different Calciminetics. Adverse effects of different Calciminetics. Therapeutic uses of different Calciminetics. 	SGD 02 hour	MCQs SEQs VIVA
10)	Describe the drugs acting on obstructive pulmonary disorders.	 Classify antiasthmatic drugs Mode of action of different antiasthmatic drugs Adverse effects of different antiasthmatic drugs 	LGIS 02 hour + SGD 02 hour	MCQs SEQs VIVA
11)	Describe the drugs acting in respiratory systems.	 Classify antitussives Mode of action of antitussives Adverse effects of antitussives 	SGD 02 hour	MCQs SEQs VIVA
12)	Describe in detail mucolytic agent.	 Classify mucolytic agent Mode of action of mucolytics Adverse effects of mucolytic agents 	SGD 02 hour	MCQs SEQs VIVA
13)	Describe in detail histamines.	 Classification of antiallergic agents Mode of action Therapeutic uses and adverse effects 	SGD 02 hour	MCQs SEQs VIVA
14)	Describe in detail expectorants.	 Classification of expectorants Mode of action and therapeutic uses Adverse effects of expectorants Practicals: Identification of drugs formulations related to endocrinology and respiratory system Mention the group, generic name, brand name and clinical uses of given specimen of drugs Prescription writing of Diabetes militis type I and II, osteoporosis, hypothyroidism and thyrotoxicosis Acute streptococcal pharyngitis and allergic rhinitis Bronchial asthma and pneumonia Clinico pharmacological seminar in rational drugs therapy for treatment of hypothyroidism, treatment of hypothyroidism, management of osteoporosis, asthma, treatment of pneumonia, management of prophylaxis of tuberculosis Pharmacological treatment of allergic reactions. 	SGD 02 hour	MCQs SEQs VIVA

Forensic Medicine

Sr.no.	Learning objective by the end of the session, student will be able to	Content area Module 4 Endocrinology and Respiratory	TEACHING ACTIVITY DURATION	Assessment
1.	 Traumatology Describe factors, mechanism, types, and characteristics medico legal aspects of blunt force trauma. Explain the methods and medico legal importance of dating of wound. 	 Mechanical injuries – general aspects Mechanism of wound production Classification and Medico legal aspects of Abrasion Bruise Laceration 	LGIS 03 hour	MCQs SEQs VIVA OSPE
2.	Sharp force trauma Describe factors, mechanism, types, characteristics and medico legal aspects of sharp force trauma. Differentiate suicidal and homicidal cut throat.	 Classification and Medico legal aspects of Stab wounds Incised wound 	LGIS 02 hour	MCQs SEQs VIVA OSPE
3.	Self-inflicted / defense wounds Compare and contrast ante mortem from postmortem wounds Describe pattern of injuries in self- inflicted and defense wounds	 Defense between Ante mortem – postmortem wounds Self – inflected wounds Defense wound 	LGIS 01 hour	MCQs SEQs SAQs VIVA OSPE
4.	Cause of death from wound • Explain the causes of death resulting from wound.	> Immediate & remote causes of death	SGD 2 hours	MCQs SEQs SAQs VIVA
5.	Firearm – general aspects • Give classification of firearm • Identify types and parts of cartridges • Discuss different parts of ammunition	 Classification of firearms structure of firearms & cartridges Operating principles Terminology and Various phenomenon related to firearm 	LGIS 02 hour	MCQs SEQs SAQs VIVA OSPE

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	contributing in formation.			
6.	 Firearms injuries Discuss the salient feature of firearm injuries. Estimate the distance between firearm and body. 	 Characteristics of rifled firearms injuries at varying range. Characteristics of shot gun injuries at varying range. Difference between entry and exit wound. 	LGIS 02 hour	MCQs SEQs SAQs VIVA OSPE
7.	Firearm injuries • Describe the precautions adopted in autopsy process, preservation of bullets in death from firearm.	Postmortem examination in case of firearm related death.	LGIS 01 hour	MCQs SEQs SAQs VIVA
8.	 Explosive injuries Discuss mechanism of blast and injuries pattern. Discuss cause of death due to to explosive. Discuss role of forensic expert in explosives injuries. 	 Mechanism of production of wound in case of explosion Characteristics of explosive injuries Cause of death 	SGD 02 hour	MCQs SEQs SAQs VIVA OSPE

Block-VIII

Module –V Cardiovascular and Lymphoid System

Pathology

Sr.no.	Learning objective by the end of the session, student will be able to	Content area Cardiovascular and Lymphoid System	TEACHING ACTIVITY DURATION	Assessment
1)	 Pakistan Penal Code: Discuss salient feature of Pakistan Penal Code (Qisas&Diyat) Discuss types of Qatar and their punishment. Interpret the nature of injuries of in the light of Pakistan Penal Code 	 Qatar and its types Punishment given in the law Hurt and its classification 	LGIS 2HR	MCQs SEQs SAQs VIVA OSPE
2)	Medico legal injury certificate > Examine an injured person, certify nature, manner, causative agent and dating wound.	Certification of injuries according to Pakistan Penal Code.	SGD DHQ Visit 4hour	MCQs SEQs SAQs VIVA OSPE

Sr.no.	Learning objective by the end of the session, student will be able to	Content area Module – 5 Cardiovascular and Lymphoid System	TEACHING ACTIVITY DURATION	Assessment
1)	 Discuss the pathogenesis, causes and clinical features of heart failure. Explain pathogenesis and clinical features of various types of congenital heart diseases. 	 Cardiovascular System Heart failure (Right sided, Left sided) Congential heart diseases. 	LGIS 02 HRS +SGD 01 HRS	MCQs SEQs SAQs VIVA
2)	 Discuss the etiology, pathogenesis, morphological changes, natural course and risk factors for coronary atherosclerosis. Discuss the risk factors, pathogenesis, clinical presentations and lab diagnosis of ischemic heart disease. 	AtherosclerosisIHD	LGIS 02 HRS +SGD 2 HRS	MCQs SEQs SAQs VIVA
3)	 Describe hypertension with respect to its etiology, pathogenesis, clinical features and complications. What are valvular heart diseases? Their types along with their clinical features? 	 Hypertensive heart siseases Systemic heart diseases (Left sided) Pulmonary heart disease (Right sided) COR PULMONALE Valvular diseases (Stenosis, Regurgitation, Prolapse) 	LGIS 03 hour + SGD 2 HRS	MCQs SEQs SAQs VIVA
4)	Explain Rheumatic fever and Rheumatic heart diseases in terms of their pathogenesis, morphology and clinical features.	 Rheumatic fever Rheumatic heart diseases 	LGIS 02 HRS +SGD 2 HRS	MCQs SEQs SAQs VIVA
5)	 Explain Cardiomyopathies, Its three types along with their etiological factors, and clinical presentation? What do u mean by myocarditis? Explain its morphological and clinical features? 	 Cardiomyopathies (Dilated, Hypertensive, Restrictive types) Myocarditis 	LGIS 02 HRS +SGD 1 HRS	MCQs SEQs SAQs VIVA
6)	 Classify aneurysms and describe their etiology and morphology. Describe various types of vasculitis on the 	 Aneurysms (True, False) Vasculitis (Large, Medium and small vessel) 	LGIS 2 HOURS	MCQs SEQs SAQs VIVA

7)	basis of pathogenesis and morphology. Classify tumors of blood vessels.	 Vascular tumors (Benign, Intermediate behavior, Maligant Practical: (4hours) Myocardial infarction Vasculitis 	LGIS 2 HOURS	MCQs SEQs SAQs VIVA
		 Vascular tumors Aneurysms Myocarditid Relevant lab Investigations 		

Sr.no.	Learning objective by the end of the session, student will be able to	Content area FOUNDATION II MODULE GENERAL PATHOLOGY AND MICROBIOLOGY	TEACHING ACTIVITY DURATION	Assessment
1)	Cardiovascular system → Describe the pathogenesis, Brief clinical features, prevention and diagnosis of → Bacterial Endocarditis → Bacteremia and Septicemia → Toxic shock syndrome	MICROBIOLOGY Viridians streptococci Enterococci Staphylococcus epidermidis Pseudomonas aeruginosa Staphaureus GNRs Staphylococcus aureus, Streptococci	LGIS 02 hour	MCQs / VIVA
2)	Describe the pathogenesis, Brief clinical features, prevention and diagnosis of myocarditis and pericarditis	Myocarditis Coxsackie viruses Cytomegalovirus EB virus, Parvovirus Influenza Virus Trypansoma Trichinella Spiralis	LGIS 02 hour	MCQs / VIVA

		Pericarditis Coxsackie viruses Echo virus HIV Virus Cytomegalovirus Streptococcus Pneumonia Staph Aureus Mycobacterium Tuberculosis Histoplasma Capsulatum		
3)	Describe the pathogenesis, Brief clinical features, prevention and diagnosis of HIV	VIROLOGY HIV Virus Infection	LGIS 02 HRS + SGD 2 HRS	MCQs / VIVA
4)	 Describe the pathogenesis, Brief clinical features, prevention and diagnosis of DENGUE FEVER Viral hemorrhagic fevers 	Dengue Fever Crimean congo, Ebola, Dengue HF.		
5)	Describe the pathogenesis, Brief clinical features, prevention and diagnosis of malaria Leishmaniasis, Trypanosomiasis.	PARASITOLOGY Malaria Leishmaniasis Trypanosomiasis PRACTICAL (2 hours) Diagnosis of Malaria Diagnosis of Leishmania Blood Culture	LGIS 02 HRS + SGD 2 HRS	MCQs / VIVA

Pharmacology

Block VIII Module V

Cardiovascular and Lymphoid system

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Sr.no.	Learning objective by the end of the session, student will be able to	Content area	TEACHING ACTIVITY DURATION	Assessment		
15)	Describe in detail Phamacokinetics f heart failure. Describe the drugs used in treatment of heart failure.	 Pharmacology Drugs used in treatment of heart failure. Mode of action of drugs used in the treatment of heart failure. Electric and mechanical effects of diagoxin. Adverse effects of digoxin Misc. positive ionotropic drugs used in CCF. Drugs without positive ionotropic activity used in CCF. Management of heart failure. 	LGIS 02 hour	MCQs / VIVA		
16)	Describe the pharmacokinetics of antihypertensive drugs.	 Classification Absorption Distribution Excretion of: Calcium channel blockers Beta blockers ACE Inhibitor Angiotensin receptor blockers Diuretics Absorption of antihypertensive drugs Distribution of antihypertensive drugs Biotransformation of antihypertensive drugs Excretion of antihypertensive drugs Classification of antihypertensive drugs 	LGIS + SGD 02 hour + 02 hour	MCQs / VIVA		
17)	Describe in detail pharmacokinetics of different groups of antihypertensive drugs.	 Mode of action, Therapeutic uses Adverse effects and drug interactions of: Calcium channel blockers Beta blockers ACE Inhibitor Angiotensin receptor blockers Diuretics Mode of action of different groups of antihypertensive drugs Therapeutic uses of antihypertensive drugs 	LGIS + SGD 02 HRS + 02 HRS	MCQs / VIVA		

		Adverse effects of antihypertensive drugs. Common drug-drug interactions of antihypertensive agents.		
18)	Describe in detail pharmacokinetics and pharmacodynamics of antianginal drugs.	 Classification of antianginal agents Therapeutic uses of antianginal agents Mode of action of antianginal agents Adverse effects of antianginal agents. 	LGIS + SGD 02 HRS + 02 HRS	MCQs / VIVA
19)	Describe the pharmacokinetics and pharmacodynamics of drugs used in various types of cardiac arrhythmias.	 Drugs used in various of cardiac arrhythmias Therapeutic uses of different groups of antiarrhythmic drugs Mode of action of different groups of antiarrhythmic drugs Adverse effects of different groups of antiarrhythmic drugs PRACTICAL: To study the effects of drugs in frog's heart To study the effects of drugs on blood vessels of frog Identification of drugs formulation: Mention the group, generic name, brand name and clinical uses of given specimen of drug Prescription writing for: Essential hypertension Malignant hypertension Cardiac failure Angina pectoris Clinical seminars Clinico-pharmacological seminar in rational drug therapy for: Management of hypertension Pharmacology of angina pectoris Management of acute and chronic heart failure Management of cardiac arrhythmia 	LGIS + SGD 02 HRS + 02 HRS	MCQs / VIVA OSPE

Forensic Medicine

Sr.no.	Learning objective by the end of the session, student will be able to	Content area	TEACHING ACTIVITY DURATION	Assessment
1.	 REGIONAL INJURIES Describe the medico legal aspects of regional injuries. Explain the various types of skull fractures. 	 Skull fractures. Medico legal aspects of cranial trauma 	LGIS 01 hour	MCQs / VIVA
2.	 CRANIAL TRAUMA Explain coup and counter coup injuries with examples. Describe medico legal importance of intracranial hemorrhages. Describe concussion. 	 Coup and counter coup injuries Intracranial hemorrhages. Concussion. 	LGIS 01 hour	MCQs / VIVA
3.	REGIONAL INJURIES • Discuss the various injuries of chest, abdomen, bones, and joint of medico legal importance.	Injuries of chest, abdomens, bones and joints	LGIS 01 hour	MCQs/ OSPE VIVA
4.	TRANSPORTATION INJURIES • Describe the mechanism, pattern and medico legal aspect of injuries in pedestrians, vehicle occupants.	 Road traffic accidents Injuries in pedestrian's vehicle occupants. 	LGIS 01 hour	MCQs/ OSPE VIVA
5.	TRANSPORTATION INJURIES • Describe the mechanism, pattern and medico legal aspects of motors cyclists, and railway and aircraft injuries.	Injuries pattern and cause of death in Motor cyclists Railway Accidents Aircraft crash	LGIS 01 hour	MCQs / VIVA
6.	 Death in custody Describe the methods of police torture Describe injuries pattern and medico legal aspects of death in custody by police torture. Describe role of doctor according to world medical association. 	 Police torture Pattern of injuries Causes of death Relevant laws 	SGD 02 hours	MCQs/ OSPE VIVA

	Law related to torture in Pakistan.			
7.	• Describe Autopsy findings and medico legal significance in starvation.	 Clinical features Autopsy findings Medico legal significance 		
8.	Describe the cases of forensic importance seen at medico legal section and mortuary of a hospital (Medico legal cases & Autopsy)	Autopsy reportsInjuries reports	DHQ VISIT (04 HOURS)	

Pathology

Block - VIII

Module – VI Reproductive and Chemotherapy

Sr.no.	Learning objective by the end of the session, student will be able to answer:	Content area Module – VI Reproductive and Chemotherapy	TEACHING ACTIVITY DURATION	Assessment MCQ / SEQ
1.	Describe the etiology, morphology and diagnosis of pathologies of vulva and vagina.	Reproductive System (Female Genital System) Cysts, Benign, In situ and Malignant lesions of vulva and vagina	LGIS 02 HOUR	MCQs / VIVA
2.	Describe the etiology, pathogenesis, diagnosis and screening measures for carcinoma of cervix.	 Inflammation (Cervicitis) Endocervical polyps Premalignant (CIN) and malignant neoplasms of cervix Cervical Carcinoma) 	LGIS 02 HOUR	MCQs / VIVA
3.	Discuss the causes of abnormal uterine bleeding in reference to dysfunctional uterine bleeding. Discuss the etio-pathogenesis, clinical features and diagnosis morphological changes of endometrial hyperplasia, endometrial polyp. List the causes and pathogenesis of endometriosis and adenomyosis.	 Dysfunctional uterine bleeding Endometritis (Acute, Chronic) Enometriosis Adenomyosis Endometrial polyp Endometrial Hyperplasia 	LGIS 02 HOUR + SGD 2 HOUR	MCQs / VIVA
4.	Describe the pathogenesis, risk factors and morphology of tumors of uterus.	 Endometrial Carcinoma Myometrial tumors (Leiomyoma, leiomyosarcoma) 	LGIS 02 HOUR	MCQs / VIVA
5.	Classify ovarian tumors and describe the morphological changes and clinical features.	Surface epithelia, Germ cell and sex cord Stromal tumors of ovary	LGIS 02 HOUR + SGD 02 HOUR	MCQs / VIVA

6.	Discuss the etiology,	Ectopic pregnancy		MCQs /
	pathogenesis and	Pre-eclampsia and Eclampsia		VIVA
	complications of ectopic pregnancy.	 Trophoblastic tumors 		
	pregnancy.	(Hydatidiform Mole	LGIS	
	Describe gestational	Complete, partial), Invasive mole, Choriocarcinoma)	02 HOUR	
	trophoblastic tumors with reference to cytogenetic and	Placental site trophoblastic		
	histological analysis.	tumors		
		PRACTICALS: 02 HOURS		
	Discuss the causes,	Cin/Squamous cell		
	pathogenesis and relevant investigations of infertility.	CA of Cervix		
	investigations of infertinty.	Endometrial Carcinoma		
l <u> </u>		Ovarian tumors		1.00
7.	Describe the etiology, pathogenesis, morphology,	Male Genital System • Prostatitis (Acute bacterial		MCQs / VIVA
	diagnosis and clinical course	prostatitis, Chronic prostatitis,		VIVA
	of prostatitis.	Granulomatous prostatitis)		
		 Glandular hyperplasia of 	LGIS	
	Describe the etiology, pathogenesis, morphology,	prostate	02 HOUR	
	diagnosis and clinical course	Adenocarcinoma of prostate		
	of benign prostatic			
	hyperplasia.			
	Describe the etiology,			
	pathogenesis, morphology,			
	diagnosis and clinical course			
	of prostatic adenocarcinoma.			1.00
8.	Discuss the causes, pathogenesis and clinical	EpidydimitisOrchitis (Bacterial,		MCQs / VIVA
	features of scrotal swellings.	Granulomatous)		V1 V11
		Testicular tumors (Germ cell	LGIS	
	Discuss Testis and epididymis	and sex cord stromal tumors)	02 HOUR +	
	Inflammatory disorders.	PRACTICALS: 02 HOURS	SGD 02 HOUR	
	Describe etiology, morphology	Testicular tumorsBPH	HOOK	
	and tumor makers of tumors of	• CA prostate		
	testes.	-		MCC
9.	Discuss the etiology, pathogenesis, morphology,	BREAST • Acute mastitis		MCQs / VIVA
	clinical features and prognosis	Mammary duct ectasia		71 7/1
	of Mastitis.	• Fat necrosis	LGIS	
		Intraductal Papilloma	02 HOUR +	
	Describe the causes of nipple discharge with special	Nipple adenoma	SGD 02 HOUR	
	reference to intraductal		HOUK	
	papilloma.			
10.	Discuss the etiology,	 Fibroadenoma 		MCQs /
	pathogenesis, morphology, clinical feature, risk factors	Fibrocystic disease		VIVA
	and prognosis of fibroepithlial	Adenosis Phyllodes tumors		
	and stromal lesions of breast.	Phyllodes tumors		
			LGIS	
			02 HOUR	

Module VII

Sr.no.	Learning objective by the end of the session, student will be able to	Content area Module VII	TEACHING ACTIVITY DURATION	Assessment
1.	Describe the pathogenesis, Brief clinical features, prevention and diagnosis of Genital ulcer Disease.	GENITAL ULCER DISEASE Hemophilus duceryi, HSV-2 Treponema pallidum, Chlamydia trachomatis L123, Klebsiella granulomatous	LGIS + SGD 02 hour + 02 hour	MCQs / VIVA
2.	Describe the pathogenesis, Brief clinical features, prevention and diagnosis of Genital Tract Infections.	VAGINITIS Vulvovaginal candidiasis, Trichmoniasis, Bacterial vaginosis (Gardnerella vaginalis, anerobes like mobiluncus) CERVICTIS Chlamydia trachomatis D- K, Neisseria gonorrhoeae, HSV, Trichmonas PID Neisseria gonorrhoeae, Chlamydia trachomatis, Trichmonas URETHRITIS Neisseria gonorrhoeae, Chlamydia trachomatis, Trichmonas PROSTATITIS Enterobacteriacae (e.g Proteus species, E. coli, 0 Pseudomonas, Chlamydia trachomatis, Neisseria gonorrhoeae. VIROLOGY Genital ulceration Hepatitis B, C and HIV infections PARASITOLOGY, MYCOLOGY Vulvovaginal candidiasis Trichmoniasis PRACTICAL (02 hours) Examination of effusions MGS Chancroid (Haemophilus ducreyi) Lymphogranuloma venerium	LGIS 02 hour	MCQs / VIVA

(Chlamydia trachomatis serovars L1-3-) Granuloma inguinale (Klebsiella granulomatis)		
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Pharmacology

Block VIII Module VI

Cardiovascular and Lymphoid system

Caratovascatar and Lymphola system				
Sr.no.	Learning objective by the end of the session, student will be able to	Content area	TEACHING ACTIVITY DURATION	Assessment
1.	Describe in detail estrogen.	 Classify estrogen Mode of action of different estrogen Adverse effects of different estrogen Therapeutic uses of different estrogen 	LGIS 01 hour	MCQs / VIVA
2.	Describe the pharmacology of progestin.	 Classify progestin Mode of action of different progestin Adverse effects of different progestin Therapeutic uses of different progestin 	SGD 02 hour	MCQs / VIVA
3.	Describe the pharmacology of anabolic steroid.	 Classify anabolic steroid Mode of action of different anabolic steroid Adverse effects of different anabolic steroid Therapeutic uses of different anabolic steroid 	LGIS 01 hour	MCQs / VIVA
4.	Describe in detail Oral contraceptive pills.	 Classify Oral contraceptives Mode of action of different Oral contraceptives Adverse effects of different Oral contraceptives Therapeutic uses of different Oral contraceptives 	LGIS 01 hour	MCQs / VIVA
5.	Describe the pharmacology of Oxytocin.	 Classify Oxytocin Mode of action of different Oxytocin Adverse effects of different Oxytocin Therapeutic uses of different Oxytocin 	LGIS 01 hour	MCQs / VIVA OSPE

6.	Describe the pharmacology of Vasopresin.	Classify VasopresinMode of action of different	LGIS 01 hour	
		 Vasopresin Adverse effects of different Vasopresin Therapeutic uses of different Vasopresin 		MCQs SEQs VIVA
7.	Describe the pharmacokinetics and pharmacodynamics of cell wall inhibitors.	 Classify penicillin's on the basic of their clinical spectrum. Mode of action of various group of penicillin. Therapeutic uses various group of penicillin. Pharmacological properties of penicillin's. 	LGIS 01 hour	MCQs SEQs VIVA
8.	Describe the pharmacokinetics and pharmacodynamics of cephalosporins.	 Absorption Distribution Metabolism and excretion of cephalosporins Classification of cephalosporins Mode of action of different groups of all the four generations of cephalosporins Therapeutic uses of all the four generations of cephalosporins Adverse effects of all the four generations of cephalosporins 	LGIS 02 hour	MCQs SEQs VIVA
9.	Describe the pharmacology of carbapanems & monobactams.	 Adverse effects of carbapanems & monobactams Clssification of carbapanems & monobactams Mode of action of carbapanems & monobactams Therapeutic uses of carbapanems & monobactams. 	LGIS 02 hour	MCQs SEQs VIVA
10.	Describe the pharmacology of vancomycin.	Mechanism of action clinical uses and adverse effects of vancomycin.	SGD 2 HOUR	MCQs SEQs VIVA
11.	Describe the pharmacokinetics and pharmacodynamics of tetracyclines.	 Absorption Distribution Metabolism and excretionof tetracyclines. Classification of tetracyclines Mode of action of tetracyclines Therapeutic uses of tetracyclines Adverse effects of tetracyclines 	SGD 2 HOUR	MCQs SEQs VIVA
12.	Describe the pharmacokinetics and pharmacodynamics of aminoglycosides.	 Absorption Distribution Metabolism and excretion of aminoglycosides Classification of aminoglycosides Mode of action of different groups of aminoglycosides 	LGIS 3 HOUR	MCQs SEQs VIVA

		 Therapeutic uses of aminoglycosides Adverse effects of aminoglycosides 		
13.	Describe the pharmacokinetics and pharmacodynamics of macrolides.	 Absorption Distribution Metabolism and excretion of macrolides Classification of macrolides Mode of action of different groups of macrolides Therapeutic uses of macrolides Adverse effects of macrolides 	LGIS 3 HOUR	MCQs SEQs VIVA
14.	Describe the pharmacokinetics and pharmacodynamics of chloramphenicol.	 Pharmacokinetics properties Mechanism Clinical uses and adverse effects of chloramphenicol Absorption Distribution Metabolism and excretion of chloramphenicol Classification of chloramphenicol Mode of action of different groups of chloramphenicol Therapeutic uses of chloramphenicol Adverse effects of chloramphenicol 	LGIS 2 HOUR	MCQs SEQs VIVA
15.	Describe the pharmacokinetics of clindamycin.	 Absorption Distribution Metabolism and excretion of clindamycin. 	LGIS 2 HOUR	MCQs SEQs VIVA
16.	Describe the pharmacodynamics of clindamycin.	 Classification of clindamycin Mode of action of clindamycin Therapeutic uses of clindamycin Adverse effects of clindamycin. 	LGIS 2 HOUR	MCQs SEQs VIVA
17.	Describe the pharmacokinetics and dynamic properties of sulfonamides.	 Absorption Distribution Metabolism and excretion of sulfonamides. Classification of sulfonamides. Mode of action of different groups of sulfonamides. Therapeutic uses of sulfonamides. Adverse effects of sulfonamides. 	LGIS 2 HOUR	MCQs SEQs VIVA
18.	Describe the pharmacokinetics and dynamic properties of fluoroquinolones.	 Absorption Distribution Metabolism and excretion of fluoroquinolones 	LGIS 2 HOUR	MCQs SEQs VIVA

19.	Describe the pharmacodynamics of fluroquinolones.	 Classification of fluoroquinolones Mode of action of fluoroquinolones Therapeutic uses of fluoroquinolones Adverse effects of fluoroquinolones 	LGIS 2 HOUR	MCQs SEQs VIVA
20.	Describe the pharmacokinetics and dynamic of antituberculosis drugs.	 First line drug therapy for tuberculosis Classification of anti T.B drugs Mode of action of anti tuberculous drugs Therapeutic uses of anti tuberculous drugs 2nd line drug therapy for tuberculosis 	LGIS 3 HOUR	MCQs SEQs VIVA
21.	Describe the pharmacokinetics and dynamic of drug used to treat leprosy.	 Drug used in treatment of leprosy Classification of drugs used in leprosy Mode of action of different drugs used in leprosy Therapeutic uses of drug used in leprosy Adverse effects of drug used in leprosy 	LGIS 2 HOUR	MCQs SEQs VIVA
22.	Describe the pharmacokinetics and dynamic ofantiviral drugs.	 Classification of antiviral drugs Moe of action of antiviral drugs Therapeutic uses of antiviral drugs Adverse effects of antiviral drugs 	LGIS 3 HOUR	MCQs SEQs VIVA
23.	Describe the pharmacokinetics and dynamic ofanticancer drugs.	 Anticancer drugs based on cell cycle specificity Classification of anticancer drugs Mode of action of anticancer drugs Therapeutic uses of anticancer drugs Adverse effects of anticancer drugs Mechanism of action and adverse effect of anticancer drugs Mechanism of resistance to anticancer drugs 	LGIS 3 HOUR	MCQs SEQs VIVA
24.	Describe in detail antimicrobial drugs.	 Classify microbial drugs Mode of action of different microbial drugs Adverse effects of different microbial drugs Therapeutic uses of different microbial drugs PRACTICALS: 	LGIS 2 HOUR	MCQs SEQs VIVA

 Identification of drugs formulation: Mention the group generic name, brand name, and clinical uses of given specimen of drug Prescription writing for: Upper respiratory functions Oral candidiasis Typhoid fever HIV infection Herpes simplex viral infection Clinico-pharmacological seminar in rational drug therapy for: Management of male and female infertility Uses of contraceptives Treatment of herpes, CMV, Influenza and hepatitis B & C, viral disease, treatment of candidiasis and other bacterial infections. 	
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	Forensic Medicine					
Sr.no.	Learning objective by the end of the session, student will be able to	<u>Content area</u> <u>Module VI</u>	TEACHING ACTIVITY DURATION	Assessment		
1.	 Asphyxia – General Aspects Describe the types and pathophysiology of asphyxia deaths. Describe pathological signs of asphyxia, Discuss anoxia and its type. 	 Types of violent asphyxia deaths Pathophysiology Types of anoxia Pathological signs of asphyxia. 	LGIS 01 hour	MCQs / VIVA OSPE		
2.	Hanging Describe the mechanism, causes of death, postmortem appearances, and medico legal significance of hanging.	 Types of hanging Cause of death Postmortem finding 	LGIS 01 hour	MCQs / VIVA OSPE		
3.	Strangulation • Describe the types, causes of death, postmortem appearances, and medico legal significance of strangulation.	 Types of strangulation Cause of death Postmortem findings Medico legal significance 	LGIS 02 hour	MCQs/ OSPE VIVA		
4.	Violent deaths due to asphyxia • Describe the causes of death, postmortem appearances, and medico legal significance of suffocation, gagging, choking and smothering.	Cause of death, postmortem appearance and medico legal significance in case of: • Suffocation • Gagging • Choking • Smothering	LGIS 01 hour	MCQs/ OSPE VIVA		
5.	Violent deaths due to asphyxia • Describe the types, causes of death, postmortem appearances and medico legal significance of garroting, bansdola, traumatic asphyxia, café coronary syndrome and auto- erotic asphyxia.	Types, causes of death, postmortem appearances, and medico legal significance of garroting, bansdola, traumatic, asphyxia, café coronary syndrome and auto-erotic asphyxia.	SGD 02 hour	MCQs / VIVA OSPE		
6.	• Describe the types, causes of death, postmortem	 Types cause of death Postmortem appearances Medico legal significance 	LGIS 02 hour			

	appearances, and medico legal significance of droening			MCQs/ OSPE VIVA
7.	Asphyxiants • Discuss the clinical features, diagnosis, management, postmortem appearance and medico legal significance of poisoning by carbon dioxide and hydrogen sulphide.	 Sources Clinical features Diagnosis Management Postmortem appearance 	SGD 02 hour	MCQs / VIVA OSPE
8.	Cardiac poison • Describe the clinical features, diagnosis, treatment, postmortem appearance and medico legal significance of cardiac poison.	 Aconite Digitalis Neriumodorum Yellow oleander Cerebra odallam Nicotine 	SGD 02 hour	MCQs/ OSPE VIVA
9.	 Discuss the legal issues of artificial insemination Describe virginity Differentiate true and false virgin Define and classify various sexual offences Explain punishment of sexual offence according to Holy Quran and Sunnah Discuss the punishments described in Tazir & Hudood Ordinance 	Sexual Offences	SGD 02 hour	MCQs/ OSPE VIVA
10.	 Describe the examination protocol for the rape victim and the accused (Zinabiljabr) Describe the examination procedure of active and passive agents (Habitual/non habitual) of sodomy Explain the method of collection, preparation of specimens, preparation of slides and swabs in sexual offences of a forensic science laboratory 	Rape victim examination	SGD 02 hour	MCQs / VIVA OSPE

11.	 Pregnancy & Delivery Describe the signs of pregnancy Describe the signs of recent and remote delivery 	 Medico legal aspects of pregnancy and delivery Postmortem appearances 	LGIS 01 hours	MCQs/ OSPE VIVA
12.	 Criminal abortion Describe criminal abortion its methods and complications. Discuss law related to abortion in Pakistan Penal Code. 	 Methods Complications Cause of death Postmortem appearances Relevant laws 	LGIS 01 hours	MCQs/ OSPE VIVA
13.	Discuss the cases of forensic importance seen at medico legal section and mortuary of a hospital (Medico legal cases & Autopsies)	Autopsy reportsInjury reports	DHQ VISIT 04 HRS.	MCQs / VIVA OSPE



- ➤ Current Surgical Diagnosis and Treatment
- > Surgery; Principles in General by Shuja Tahir & Abid Bashir
- ➤ Hamilton Baily. Demonstration of Physical signs in clinical surgery
- ➤ Browse. Introduction to signs and symptoms of surgical diseases
- ➤ Clinical skills for undergraduates by Abdul Majeed Ch. And Aamer Zaman Khan

CLINICAL TRAINING PROGRAM 3rd YEAR MBBS (BLOCK VIII) 08 WEEKS (02 DAYS A WEEK, WEDNESDAY & THURSDAY

Ba	itch	Date	Unit	Time
Batch C Roll # 056-080	C1 056-068 C2 069-080	01/05/19 to 31/07/19	Medicine & Allied	1110-1300 hrs.
Batch D Roll # 081-105 (+2015 detainees)	D1 081-097 & D2 098-105 (+ 2015 detainees)	01/05/19 to 31/07/19	Surgery & Allied	1110-1300 hrs.
uctainees)				
Batch A Roll # 001-028	A1 001-013	01/05/19 to 31/05/19	ENT	1110-1300 hrs.
	A2 014-028	01/05/19 to 31/05/19	EYE	
	A1 001-013	01/06/19 to 31/07/19	EYE	
	A2 014-028	01/06/19 to 31/07/19	ENT	
Batch B Roll # 029-055	B1 029-041	01/05/19 to 31/05/19	Psychiatry	1110-1300 hrs.
	B2 042-055	01/05/19 to 31/05/19	Gynae	
	B1 029-041	01/06/19 to 31/07/19	Gynae	
Batch B Roll # 029-055	B1 021-041	01/05/19 to 31/05/19	Psychiatry	1110-1300 hrs.
027 000	B2 042-055	01/05/19 to 31/05/19	Gynae	
	B1 029-041	01/06/19 to 31/07/19	Gynae	
	B2 042-055	01/06/19 to 31/07/19	Psychiatry	

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