

DR NASIR MAHMOOD, CHAIRMAN BASIC SCIENCES & PROFESSOR / HEAD OF
BIOCHEMISTRY DEPARTMENT. Office: 0518747151-4/Ext-260

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CURRICULUM VITAE



MBBS, M.Phil & Component 'A' of FCPS-II Biochemistry qualified teacher with more than 36 years of teaching experience in undergraduate medical & dental courses and about 31 years of postgraduate teaching experience in conventional, modular and problem based learning methods of teaching. Well conversant and been involved with hybrid methods of teaching and tools of assessment with active inputs in research activities, seeking a teaching appointment in commensuration with qualification & experience in a reputed Medical/ Dental institute where I can contribute to teaching & related activities. I believe I am a good team worker with pleasant manners required to reach out effectively to wide spectrum of students of different nationalities & cultures in the enhancement of their knowledge & skills in Medical Biochemistry. I can contribute well in the teaching of wide varieties of fields like Enzymology including Clinical Enzymology, Metabolism, Acid Base Balance, Macro & Micronutrients, Endocrinology, Molecular Biology & Medical Genetics including their Clinical aspects, & other related fields of Medical Biochemistry

PERSONAL DATA

Name : **Nasir Mahmood** s/o Prof. Nazar Hussain(Late)
Nationality : Pakistani
Date of birth : 12 June
Sex : Male
Marital status : Married

EDUCATIONAL QUALIFICATIONS

1. **BSc English only** (University of Punjab, Lahore) 1980.
2. **MBBS** (University of Punjab, Lahore) - Rawalpindi Medical College,

- Rawalpindi - Pakistan, 1981.
3. **M.Phil** (University of Karachi) - Basic Medical Sciences Institute, Jinnah Post Graduate Medical Centre, Karachi, Pakistan, 1989.(Aggregate %:84)
 4. **Passed Component "A" Of FCPS-II Biochemistry** & in process of completion of component "B"

ACADEMIC DISTINCTIONS

1. Awarded **merit scholarship** of Government of Punjab during MBBS course wef 1975-80
2. Awarded **WHO merit scholarship** during M.Phil course at BMSI, JPMC Karachi wef. 1988-89

PRESENT APPOINTMENTS

1. Chairman Basic Sciences & Professor / Head of Biochemistry Department, **Rawal Institute of Health Sciences**, Islamabad & Member Curriculum Development Committee Bahria University Islamabad, Pakistan wef 01October 2011 to 2015 & SZABMU Islamabad wef 2015-to date.
2. External Examiner of Ist Prof MBBS/BDS Examinations of various Universities of Pakistan wef 1994 to date
3. Postgraduate Teacher of FCPS Part I course, Quaid-i-Azam Postgraduate Medical College, Pakistan Institute of Medical Sciences Islamabad wef. 1996 to date & College of Physicians & Surgeons Pakistan, Regional Centre Islamabad wef Dec 2004 to date
4. Teacher & Examiner of M.Phil Biochemistry Examinations of University of Peshawar, National University of Sciences & Technology, Quad-i-Azam University , Riphah International University Islamabad, & University of Health Sciences, Lahore-Pakistan wef. 2001 to date & NUMS, Rawalpindi wef 2017- to date.

PROFESSIONAL EXPERIENCE

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| 1. | House Surgeon/ General Duty Medical Officer Field Medical Units of Army | Department of General Surgery, Holy Family Hospital Rawalpindi-Pakistan 27.12.1981 to 23.4.1985 |
| 2. | Demonstrator/Lecturer/ M.Phil Course | Department of Biochemistry, Army Medical College Rawalpindi/BMSI-JPMC Karachi-Pakistan 24.4.1985 to 24.8.1989. |
| 3.. | Lecturer, Asst, Assoc Prof after M.Phil for MBBS, BDS, BSc. Nursing, Postgraduate Courses FCPS-I,FCPS-II/M.Phil, Biochemistry ,Anatomy, Physiology, Pharmacology | Department of Biochemistry & Molecular Biology, Army Medical College, Rawalpindi-Pakistan 25.8.1989 to 24.9.2009. |
| 4. | Professor/ Head of Biochemistry Department & Coordinator M.Phil Basic Medical | Islamic International Medical College/, Riphah International |

Sciences Program

University/ Rawalpindi, wef.
28.9.2009 to 07.9.2010 & Islam
Medical College Sialkot wef.
08.09.2010-30.09.2011

MEMBERSHIP OF NATIONAL/INTERNATIONAL ASSOCIATIONS /SOCIETIES

1. Member, Pakistan Society of Biochemists, 1988

THESIS/DISSERTATION WRITTEN

1. **Nasir Mahmood**, Abdul Baseer: Studies on serum and breast tissue Glycoproteins in patients with breast diseases. M. Phil thesis, Biochemistry department BMSI-JPMC Karachi, 1989

FCPS THESIS/DISSERTATION BEING SUBMITTED

1. **Nasir Mahmood**, Abdul Khaliq Naveed: Studies on Effects of Lithium on serum Electrolytes, Cholesterol and Thyroid hormone in patients with Bipolar Affective Disorders, CP & SP

PAPERS PUBLISHED

1. Kharal MN, Sadiq M, Naveed AK, **Mahmood N**, Awan ZA. Serum Insulin in chronic hepatic disease. Pak Armed Forces Med J. 1992; 42(2): 103-105.
2. Khurshid R, **Mahmood N**, Ara R, Naveed AK. Smoking a risk factor for coronary artery disease. Pakistan Journal of Pathology, 2001; 12(1) : 19-22
3. **Mahmood N**, Baseer A, Naveed AK. Serum and breast tissue Glycoproteins in patients with tumours of breast. Pak Armed Forces Med J 2002; 52(1): 51-5
4. Naveed AK, **Mahmood N**, Rajput T, Haroon S. Effects of hormonal contraception on serum lipid profile and lipoprotein [Lp(a)]. Medical Forum 2009;20(7):43-51
5. Naveed AK. **Mahmood N**, Rajput TA, Kashif F. Effect of variations in insulin on serum leptin levels in pre and post-menopausal women. Medical Forum 2009;20(10):20-27
6. Naveed AK, Rajput TA, **Mahmood N**, Masood M, Kashif F. Effect of variations in body mass index on serum leptin levels in pre and post-menopausal women. Global Journal of Health Science 2010; 2(1): 17

PAPERS UNDER PUBLICATION

1. **Mahmood N**, Naveed AK, Rana MH. Effects of Lithium on serum Electrolytes in patients with Bipolar Affective Disorders. (Being submitted to JCPSP for publication)

2. Mahmood N, Naveed AK., Rana MH. Effects of Lithium on serum Cholesterol and Thyroid hormone in patients with Bipolar Affective Disorders. (Being submitted to JCPSP for publication)

CONFERENCES/ SEMINARS/ SYMPOSIA/ WORKSHOPS ATTENDED

Attended more than 120 conferences, symposia, workshops with emphasis on latest trends in medical education.

ACADEMIC & RESEARCH ACTIVITIES

1. Involved in research projects of M.Phil Trainees at Department of Biochemistry Army Medical College Rawalpindi wef September 2001 – September 2009 & Islamic International Medical College Rawalpindi wef. September 2009 - September 2010.
2. Supervisor M.Phil Biochemistry Program & Coordinator M.Phil Basic Medical Sciences Program Riphah International University, Islamabad conducted at Islamic International Medical College Rawalpindi wef April 2010- September 2010
3. Chief Coordinator Medical Education Department RIHS, Islamabad wef October 2011-December 2013.
4. Member Curriculum Development Committee Bahria University Islamabad wef December 2013-2015 & SZABMU, Islamabad wef 2015- to date .

REFEREES

1. **Professor Maj Gen(R) Dr Muhammad Aslam, HI (M)**
MBBS (Pb), M. Phil (Pb), PhD (London), FCPS (Pak), FPAMS
Ex Vice Chancellor University of Health Sciences
Lahore- Pakistan, Ex Pro VC NUMS Rawalpindi.
2. **Professor Maj Gen (R) Dr Abdul Khaliq Naveed HI (M)**
MBBS (Pb), M. Phil (Kci), PhD (QAU), FCPS (Pak), MRSH (UK) FNAMS
Dean & Principal Wah Medical College Wah– Pakistan
3. **Professor Dr Abdul Baseer**
PhD (Turkey)
Former Professor & Head of Biochemistry Department, Wah Medical College
Sector G-8 Islamabad Pakistan