

**CURRICULUM VITAE**  
**SIDRA TUL MUNTAHA**

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**Professional Summary**

Skilled dental surgeon with over 10 years of practice. Dedicated to provide excellent care and service to patient and treating the patient at both physical and psychological level.  
Experience in various healthcare setting and with varied age group patients from pediatric to geriatric.  
A committed team player who is able to collaborate with dental staff to devise effective treatment options.

**Education**

FCPS training in Oral and Maxillofacial Surgery Islamic International Dental Hospital	2013- 2016
Bachelor of Dental Surgery Islamic International Dental Hospital	2003- 2007
Higher Secondary School Certificate Margalla College for Women, F-7/4, Islamabad	2000-2002
Secondary School Certificate FG Girls Secondary School, NIH, Islamabad	1998-2000

**Professional experience:**

**Senior Lecturer Oral Medicine**

**Nov 2019 To-Date**

**Rawal General and Dental Hospital, Islamabad**

- Lectures of undergraduate students
- Patient management
- History and diagnosis in outpatient department
- Referring the patients to respective departments
- Prescribing appropriate antibiotics

**Consultant Dentist**

**May 2019- Nov 2019**

**Molars & Incisors Dental Clinic, Islamabad**

- Diagnosis and management of outpatients
- Extraction of unrestorable teeth
- Impaction removal under local anesthesia
- Scaling and polishing of teeth
- Impression taking for removable dentures
- Filling the decayed teeth
- Patient counselling
- Management of TMJ problems

## **Demonstrator: Oral & Maxillofacial Surgery**

**Jan 2017- Dec 2017**

Islamic International Dental Hospital, Islamabad

- Oral examination and diagnosis
- Diagnosis and treatment planning of oral cancer patients
- Management of orthognathic ,cleft lip and palate ,oral pathology patients
- Trauma patient management and treatment
- MOS including impactions, simple and complicated extractions, biopsies of oral lesions and cyst removal.
- Dental implant placement including bone grafting ,sinus lift and soft tissue management
- Medical emergencies management such as syncope, asthma, epileptic patient, anaphylaxis, chest pain and MI.
- Management of medically compromised patients
- Presentations of oncology cases at MDT meeting
- Deliver lectures to undergraduate students
- Supervision of clinical work of undergraduate students

## **Postgraduate Resident Oral and Maxillofacial Surgery**

**Jan 2013-Dec 2016**

Islamic International Dental Hospital, Islamabad

- Worked as Resident in Oral and Maxillofacial Surgery department.
- Evaluated pre-operative health status, made diagnosis and prepared pre-requisites for surgical procedures
- Trained in tissue handling, incision and different types of flaps
- Performed Homeostasis and edema control, decontamination and wound toilet
- Took precautionary measures to prevent and control Cross infection
- Used common surgical instruments and surgical appliances (diathermy, retractor and general instruments)
- Managed postoperative patients by taking appropriate measurements
- Performed minor oral surgical procedures (impactions, simple and complicated exodontias, cyst removal, biopsies of oral lesions)
- Management and prevention of odontogenic and non-odontogenic infections
- Successfully managed medical emergencies occurring on dental unit.
- Treated precancerous lesions and oral malignancies
- Managed medically compromised patients reporting to oral and maxillofacial surgery department
- Maintained patient record and documented all important information related to patients
- Diagnosed and treated oral trauma patients
- Performed Pre-prosthetic surgeries
- Performed Dental implants procedures including bone grafting, sinus lift, soft tissue management under supervision
- Counseled TMPDS patients and treatment of ankyloses
- Hospitalization of patients for incision and drainage ,medically compromised patients
- Medical and surgical treatment of facial pain patients including trigeminal neuralgia
- Regional and general anesthesia knowledge and application
- Assisted reconstructive and flap surgeries for oral malignancies
- Case discussions and journal club meetings with fellow residents
- Oncology Clinical Cases presented in MDT(Multidisciplinary Team) meeting at NORI Hospital
- Management of orthognathic surgical patients including their surgeries
- Assisted Oncology surgery and postoperative patient care
- Case history ,diagnosis and treatment of developmental anomalies (cleft lip and palate)
- Performed IV cannulation ,IV/IM injections
- Delivered Lecture to undergraduate students on "Local Anesthesia and its techniques".
- Clinical supervision of undergraduate students, assisting local anesthesia techniques, tooth extractions and basic surgical procedures.
- Attended workshops for "BLS", "Primary Surgical Skills", "Introduction to Computer and Internet", "Communication Skills", "Research Methodology, Biostatistics and Dissertation Writing".

- Conducted workshop on basic life support
- Presented “ Resorption Rate of Intraoral Mandibular Grafts” and “Surgically Assisted Rapid Palatal Expansion a useful adjuvant surgical procedure” at twin cities OMFS study group

### **Demonstrator Oral & Maxillofacial Surgery**

**Nov 2011-Dec 2012**

Islamic International Dental Hospital, Islamabad

- Taken part in diagnosis and treatment planning of Pre and Post-Op Major OT cases
- Performed Oral Implantology procedures
- Managed OMFS outpatient department including history taking, diagnosis, treatment planning, and referral and counselling.
- Gave Presentations covering pre-op and post-op clinical cases and research articles to faculty members, students and house officers.
- Clinical Supervision and clinical demonstrations of Final Year students.(like local anesthesia, sterilization and sutures)
- Performed Minor Oral Surgical Procedures
- Managed Oral Medicine patients.

### **Demonstrator Prosthodontics Department**

**Sep 2008 - Nov 2011**

Islamic International Dental Hospital, Islamabad

- Responsibilities included Crown and Bridge preparation and fixing Prosthesis.
- Full jaw restorations with complete Dentures.
- Partially dentate jaws restoration.
- Managing Purchase and Demand Issues.
- Gave presentations to students and faculty members regarding clinical cases on a weekly basis.
- Clinical supervision and demonstration of undergraduate students (impression taking procedures for complete and partial dentures, crown preparation, articulators and facebow transfer)

### **House Surgeon**

**Aug 2007 - Aug 2008**

Islamic International Dental Hospital, Islamabad

- Oral diagnosis and oral radiology
- Endodontics and operative dentistry
- Oral and maxillofacial surgery
- Orthodontics
- Periodontology
- Prosthodontics

### **Research Articles**

- Original article: “Effect of Local Anesthesia containing Adrenaline or Nor-adrenaline on Diabetic Patients Undergoing Tooth Extraction” (published in PODG)
- Case report : “Successful Use of Deltopectoral Flap in Reconstruction of Defect caused by Squamous Cell Carcinoma” (published in JCPSP)

### **Language**

- English, Urdu, Arabic (Elementary)

### **References**

- Will be furnished on request.