



# Muhammad Salman

Email: [Physiosalmanpk@gmail.com](mailto:Physiosalmanpk@gmail.com)

## CAREER PROFILE:

### PROFESSIONAL STRENGTHS:

- Good command over written and oral communication
- Sound knowledge of human anatomy and internal body structures
- Ability to build good relationship with patients from diverse backgrounds
- Sensitive, tactful, tolerant and patient
- Possess excellent problem solving and practical skills
- Broad knowledge of new technologies and medical equipment
- Extensive knowledge of the techniques of improving body movements, restoring mobility and strengthening muscles
- Knowledge of hydrotherapy and electrotherapy
- Experience in Cardio-pulmonary rehab

### CLINICAL EXPERIENCE:

- Working as **DPT Program Coordinator at Rawal Institute of Rehabilitation Sciences (RIRS) – (RIHS) Sciences** from 7<sup>th</sup> April 2021 to date.
- Working as Demonstrator **In Rawal Institute of Rehabilitation Sciences (RIRS) - (RIHS) Sciences** From 28<sup>th</sup> September 2020 to date.
- Working as a physiotherapist in **Neuro-council clinic** blue area Islamabad with **Dr. Mazhar Badshah** as a Physiotherapist from 1<sup>st</sup> December 2019 to date.
- Working as Physiotherapist at **The Physiotherapy Clinic** (Private Clinic) Since **2<sup>nd</sup> April 2018 till Now** under the supervision of **Dr. Muhammad Umar** (Physiotherapist) HOD Holy Family Hospital, Director IAHS & also Program Coordinator of DPT in Rawalpindi Medical University (RMU).
- Worked as a visiting Lecturer in **Rawalpindi Medical University** From 09-04-2019 to 26-09-2020.
- Worked in **Holy Family Hospital Rawalpindi** from 28<sup>th</sup> May 2019 to 27<sup>th</sup> November 2019 as an intern Physiotherapist

## **WORKSHOPS & SEMINARS**

- Attend **4<sup>th</sup> International Scientific Conference in Rawalpindi Medical University** held on 21<sup>st</sup>-22<sup>nd</sup> March 2019.
- Attend Workshop on **Multimodal Manual Therapy Management of Shoulder Joint** held on 18<sup>th</sup> March 2019 in **RMU**.
- Attend Workshop on **Mulligan Techniques for Cervicogenic Headache, Lower Cervical Mobilizations and Management** held on 18<sup>th</sup> March 2019 in **RMU**.
- Attend Workshop on **Stroke Rehabilitation: A Comprehensive Approach** held on 19<sup>th</sup> March 2019 in **RMU**.
- Attend Workshop on **Spinal Assessment & Mobilization Techniques** held on 4<sup>th</sup> May 2019 in **Bashir Institute of Health Sciences, Islamabad**.

## **EDUCATIONAL SUMMARY:**

- **M. Phil Neurology** Physical therapy (NPT) from Isra University Islamabad Campus. (cont.)
- **DPT (Doctor of Physical Therapy)** from Rawalpindi Medical university (**RMU**), Rawalpindi (**Session 2013-2018**)
- **FSC** from Govt. Boys Degree College Taunsa Sharif, District Dera Ghazi Khan (Session 2011-2013).
- **Matric** From Munfarid Masali Madrissa Mehmoodia Mehmooda Taunsa Sharif , District Dera Ghazi Khan

## **RESEARCH WORK & PUBLICATIONS:**

- Knowledge, Attitude, Practice And Anxiety Of Health Care Professionals Pertaining To the Outbreak Of Covid -19 In Rawalpindi: A KAP Survey (submitted)
- Comparison of Phase 1 Cardiac Rehabilitation with and without Lower Limb Paddling Effects in Post CABG Patients (submitted)
- Effects of Thoracic Manipulation vs Muscle Energy Technique in Patients with Chronic Mechanical Neckache. (submitted)

## **ONLINE CERTIFICATE COURSES**

- Certified in **MECHANICAL VENTILATOR for COVID-19** from **HARWAR MEDICAL SCHOOL**
- **ROLE OF PHYSIOTHERAPY IN COVID-19** from **PHYSIOPLUS**
- **MENTAL HEALTH DURING THE COVID-19 PANDEMIC** from **PHYSIOPLUS**
- **RESPIRATORY MANAGEMENT OF PEOPLE WITH COVID-19** from **PHYSIOPLUS**
- **BASIC LIFE SUPPORT (BLS) CERTIFICATION COURSE**
- **ADVANCE CARDIAC LIFE SUPPORT (ACLS) CERTIFICATION COURSE**
- **BLOODBORN PATHOGENS CERTIFICATION COURSE**
- **Reiki LEVEL I, II & MASTERY CERTIFICATE**

**PERSONAL DETAILS:**

Name: **Muhammad Salman**

Father Name: **Hafeez Ullah**

Date of Birth: **01 January**

Relationship status: **Single.**

***Communication & Languages***

- Fluent speech in Urdu, English, Punjabi, Saraiki
- Having a powerful and motivational style of speech
- Significant computer literacy
- Familiar with the use of internet

**Field of Interest:**

I am determined in promoting Physical Therapy professionalism and advancing the standards of patient care through education, literature, advocacy and collaboration in the field of Physical Therapy.

**References:**

Will be provided on demand