

# **CURRICULUM VITAE**

Dr. Khawaja Ishfaq Ahmed

Associate Prof. Medicine

Rawal Institute of Health sciences

Islamabad

Consultant Physician

Rawal Institute of Health Sciences

Islamabad

## PERSONAL DETAILS

Name: Khawaja Ishfaq Ahmed  
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E-mail: [drashfaq654@gmail.com](mailto:drashfaq654@gmail.com)  
Date of Birth: 25 November 1958  
Nationality: Pakistani  
Marital Status: Married

## QUALIFICATION

2003 FCPS (Medicine)  
College of Physicians and Surgeons Karachi Pakistan

1982 MBBS  
Rawalpindi Medical College Punjab University Pakistan

## PROFESSIONAL LICENSE

- Pakistan Medical & Dental Council (PMDC) Islamabad Pakistan
- Saudi Commission for Health Specialization KSA

## PROFESSIONAL EXPERIENCE

### Consultant Internal Medicine

**Rawal Institute of Health Sciences Islamabad**

(From June 2019 to till date)

### Consultant Internal Medicine/ Assistant Prof. Medicine

**Abbas Institute of Medical Sciences Muzaffarabad/**

(Jan 2014 to Feb 2019)

**AJK Medical College Muzaffarabad**

### Consultant Internal Medicine

(Nov 2011 to 2013)

**Samtah General Hospital Samtah Jazan KSA**

Samtah General Hospital is a regional General Hospital with all major specialties receiving all kinds of emergencies.

### Head of Medicines Department

(April 2003 to Oct 2011)

**District Hospital Bagh, Azad Kashmir Pakistan**

Worked as a Head of Department of Medicine. This is a 150 bedded Hospital built Medicines Sans Frontie (Belgium). This Hospital is fully equipped with modern facilities, Coronary Care Unit, Pulmonology and Nephrology. I had been managing the cardiac patients and critically ill patients in the Intensive Care Unit. I was also involved in weekly appraisal patient's management and quality of health care. I was also a member of outbreak surveillance team under World Health Organization.

### Registrar Medicine

(Aug 1999 to Mar 2003)

**Combined Military Hospital Muzaffarabad Kashmir Pakistan**

CMH Muzafarabad is 300 bedded teaching Hospital and I worked as a Registrar in internal Medicine and the incharge of Intensive Care Unit. This Hospital has department of internal medicine, gastroenterology cardiology and chest diseases.

### **Postgraduate trainee in Medicine**

(Jan 1995 to Jul 1999)

#### **Pakistan Institute of Medical Sciences Islamabad Pakistan**

Pakistan Institute of Medical Sciences is a postgraduate teaching institution with a tertiary care teaching hospital that has over 1200 beds and caters the need of Northern areas of Pakistan including Kashmir and Northern-Punjab. The department of medicine has a full time intensive residency program which includes resident night duties, emergency room duties and formal teaching programs, including teaching rounds, conferences and seminars. There is on job assessment throughout the training program. The residents are rotated in the medical subspecialties in a structured training program. During the training period I regularly rotated in the inpatients, outpatients and emergency department. I have always actively participated in all academic activities like case presentations, journal club, mortality/ morbidity meetings and grand rounds.

### **Primary Care Doctor/ General Practitioner**

(Feb 1984 to Dec 1994)

#### **Department of Health Kashmir Pakistan**

Worked as a general practitioner/ Primary Care Doctor in department of Health AJK Kashmir. As primary care doctor my duties were to run a day care health clinic, community health education program, vaccinations and data collection. I participated in various short courses on acute respiratory infection and diarrheal diseases under the World Health Organization.

### **House Physician**

#### **Holy Family Hospital Rawalpindi Pakistan**

Worked as a house physician in the department of medicine at Holy Family Hospital, Rawalpindi, Pakistan. Holy Family Hospital is a 500 bedded teaching hospital affiliated with the Rawalpindi medical college. My job was full time and residential. I learned the management of medical cases, emergency and obtained expertise in performing minor medical and surgical procedures under the conscientious supervision of my seniors.

## Core Skills

I can independently perform following procedures:

- DC cardio version
- Pleural biopsy & aspiration
- Peritoneal dialysis
- Endotracheal intubations
- Ascitic fluid aspiration
- Central venous line (CVP)
- Joint aspiration
- Intra articular injections
- Minor surgical procedures

## TEACHING

I have a wealth of experience in teaching and plan to be more involved in teaching in the future. I believe educating students and colleagues is both rewarding and invaluable.

I have teaching experience in the following:

- As SHO and postgraduates trainee, I was involved in teaching of medical students
- I have been awarded the certificates of Master Trainer from the college of Physicians and Surgeons of Pakistan.
- Teaching preparatory courses for FCPS.
- I have organized teaching sessions for junior doctors in various hospitals.
- I have organized weekly meetings to discuss interesting patients.
- Active participation in departmental teaching activities.
- Keeping record of interesting patients during my current job, and identify further educational and training needs in each particular case.
- I use problem-based learning, tutorials and workshops for teaching medical students and junior doctors.

## MANAGEMENT

I understand the importance of working effectively as part of a multidisciplinary team in a modern healthcare environment and I am actively involved in the organizational aspects of the department. I can effectively manage a team, and have the ability to delegate whilst also taking responsibility and leading by example.

I enjoy organizational responsibilities, and consider myself to be an organized and capable person who can be effective, motivate others and achieve set targets. I have also learnt to set timescales and manage my own workload effectively in my present post.

I am fully aware of the role of consultant as a mentor for trainees. I have always been supportive to my junior colleagues and have helped them to enhance their skills in the specialty.

I have designed and coordinated duty rota for junior doctors.

Organizing meetings to discuss interesting admissions, Journal Club meetings.

## COURSES/SEMINARS/CLINICAL ATTACHMENTS

|                          |  |
|--------------------------|--|
| <b>2018</b>              | <b>BLS, ACLS</b><br><br>American college of cardiology/ CPSP   |
| <b>Dec 2011</b>          | <b>Basic life support</b><br><br>Jazan, KSA.   |
| <b>Nov 2007-Jan 2008</b> | <b>Basic of Ultrasound Abdomen, gyne/obs</b><br><br>Hamidgul Memorial Ultrasound Institute, Peshawar Pakistan  |
| <b>Dec 2003</b>          | <b>Research Methodology, Biostatistics &amp; Dissertation Writing</b><br><br>College of Physician & Surgeons Pakistan/ WHO   |
| <b>OCT 2003</b>          | <b>Computer Program</b><br><br>College of Physician & Surgeons Pakistan<br><br>Introduction to computer and internet &<br><br>SPSS (Statistical Package for the Social Sciences) |

|                            |  |
|----------------------------|--|
| <b>Nov 2002</b>            | <b>Refresher Course in Internet Medicines</b><br>Shiekh Zayed Postgraduate Medical Institute, Lahore                       |
| <b>Nov 1994</b>            | <b>Management of Acute Respiratory Infections</b><br>National Control Program  |
| <b>Aug 1986 – Sep 1986</b> | <b>Short Course on Community Health &amp; Nutrition</b><br>UNICEF (United Nations International Children’s Emergency Fund) |
| <b>Oct 1985</b>            | <b>Management of Diarrheal Diseases</b><br>World Health Organization   |
| <b>Dec 1985</b>            | <b>Short Course on Management of Tuberculosis</b><br>Government of Pakistan  |

## IT SKILLS

I have good computer skills and can work independently to access information on the intranet and internet. I am competent in the use of Microsoft Office Package (Word, Excel and Power Point) Furthermore; I regard the internet as a valuable resource for conducting literature searches.

## PERSONAL INTEREST

- **Sports**
  - Jogging
- **Reading**
  - History
  - Literature

I enjoy reading, traveling and countryside walks.

## REFERENCES

- **Prof. Dr. M. Habib Khan (FRCP)**  
Professor of Medicine  
Holy Family Hospital, Rawalpindi  
House No. 4 Street No. 6 F-6/3 Islamabad Pakistan  
Tel +92512822608 Cell No. +923015256763
- **Prof. Dr. Syed Irfan**  
Professor of Medicine  
Rawalpindi Medical College  
District Headquarter Teaching Hospital HQ Hospital Rawalpindi  
Tel: 00923335261122
- **Prof. Dr. Jamal Zaffar**  
Consultant Physician  
Pakistan Institute of Medical Sciences Islamabad  
Tel: 00923215180790
- **Dr. Khalid Anjum Wani**  
Chief and Head of Department  
Internal Medicine Samtah General Hospital  
Tel: 00966554538290

## FOREIGN TRAININGS

- **21-09-2010 to 29-10-2010** On job Training in Critical care/ Intensive care  
Mayday University Hospital London
- **16-01-2009 to 23-03-2009** Training in Diabetes/ Endocrinology, GI Endoscopy,  
Bielefeld Communal Hospital, Bielefeld, Germany
- **01-04-1993 to 11-01-1993** On Job Training Internal Medicine  
St Mary's Hospital, Newport, Isle of Wight, UK