Curriculum Vitae

Name	Dr. Ghazala Jawwad
Father's Name	Muhammad Saleem Raja
Nationality	Pakistani
Date of Birth	20th September
Marital Status	Married
Current Appointment	**Assistant Professor Physiology**-30th December 2019 till date *(Rawal Institute of Health Sciences)*
Appointments	**Assistant Professor**-18th March 2019-19th December 2019 *(Watim Medical College, Rawalpindi)* **Assistant Professor –** 2nd November 2015-14th December 2018 *(Yusra Medical & Dental College, Islamabad)* **Senior Lecturer :** 1st Sep 2015- 1st November 2015 *(Physiology Dept., Yusra Medical and Dental College, Islamabad)* **Demonstrator:** 1st April 2013- 30th April 2015 *(Physiology Deptt., Islamic International Medical College, Rawalpindi)*
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Qualifications	**MBBS (2005)** – Quaid-e-Azam Medical College, Punjab. **M. Phil (Physiology) (2015)** – Islamic International Medical College, Riphah University, Islamabad. **Thesis Title:** "Role of Exercise in Relieving Stress Induced Changes in Cardiovascular and Biochemical Parameters"
PMDC Registration No.	45787-P

Publications

1. Raja GS, Khan HF. Cardiac Autonomic Modulation in Psychologically Stressed Subjects as reflected by Heart Rate Variability. Journal of Islamic International Medical College. 2015;10(3):199-203

2. Jawwad G, Khan HF, Ali A. Stress Response; Psychologically stressed and control subjects; comparison of autonomic and neuroendocrine response. Professional Med J. 2017;24(9):000-000. DOI: 10.17957/TPMJ/17.3951

3. Anjum AF, Khan HF , Sadiq N, Samad A. Jawwad G. Effects of Virtual Rehabilitation and Constraint Induced Movement Therapy on Brain Derived Neurotrophic Factor Mediated Motor Improvement in Stroke Patients. Journal of Bahria University Medical and Dental college. 2020;10(1):30-34

4. K Butt, A Omar, S Hamid, Jawwad G. Effect of Inhaled Corticosteroids and Oral Montelukast on Frequency of high Eosinophil count in poorly controlled Asthmatic patient. Pakistan journal of Medical and Health Sciences.2020; 14(1): 561-63

5. Jawwad G, Anjum AF, A Rasul. Role of Exercise in Modulating Neuroendocrine Response to Psychological Stress. Pakistan journal of Medical and Health Sciences.2020; 14(4): 864-66

6. Babar A, Jawwad G, Kamil S. Assessment of Stress Prevalence among Pakistani Medical Students Pakistan journal of Medical and Health Sciences.2020; 14(4): 858-60

7. Masud R, K Haq, Anjum AF, Jawwad G. The Connotation of Variances in the Risk Predictors, Medications, Homocysteine, and Homocysteine Pathway Gene Polymorphisms with CVA/Stroke. Global Medical Genetics.2021; 10.1055/s-0041-1722884

8. Anjum AF, Jawwad G, Khokar A. Effect of "Wii-habilitation" and constraint induced movement therapy on improving quality of life in stroke survivors. Rawal Medical Journal.2021;46(1):220-223.

9. Anjum AF, Jawwad G, Nayar K. The impact of Covid-19 Lockdown on Metamemory among medical students: An Experimental study. Pakistan journal of Medical and Health Sciences.2021; 15(5): 1014-1016. DOI: https://doi.org/10.53350/pjmhs211551014

Workshops & Conferences

1. Writing a Research Article" on 15th February 2014, Riphah Academy of Research and Education Islamabad.
2. "Strategic Time Management", from 25th June 2014, Organized by Department of Human Resources at Islamic International Medical College, Rawalpindi.
3. "Extending Matching and Short Essay/Short Answers Questions", on 25th November, 2015 at Yusra General Hospital by Riphah Academy of Research and Education.
4. "Guidelines For Developing Integrated Modules" held on 2 1st July, 2016 at Yusra Medical and Dental College, Islamabad.
5. "Educational Methods For Teaching Medicine" on 22nd February 2017, held at Shaheed Zulfiqar Ali Bhutto Medical University Islamabad.
6. "Assessment in Medical Education", on 19th April 2017, held at Shaheed Zulfiqar Ali Bhutto Medical University Islamabad.
7. Effective Lecturing skills", 18th October , 2017 Organized by Shaheed Zulfiqar Ali Bhutto Medical University Islamabad held at Yusra Medical and Dental College.
8. "Power Lab Workshop", held at Islamic Medical and Dental College, Islamabad.
9. "Power Lab Workshop on Neuromuscular", on 11th May 2018, held at Islamic Medical and Dental College, Islamabad.
10. Conference SAAP and PPS 16 Biennial Conference 2018 held at University of Lahore from 13th-15th December, 2018, organized by University College of Medicine and Dentistry.

References

1. **Professor Idrees Farooq Butt**
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